

## BODY TREATMENTS

Esterel Body Exfoliation	45 mins	£43.50
Universal Contour Wrap	120 mins	£61.95

### Massage

Full Body Massage	60 mins	£56.50
Half Hour Back	30 mins	£38.50
Neck/Shoulder	20 mins	£35.50
Indian Head Massage	30 mins	£35.50
Hot Stone Back Massage	20 mins	£26.95

### Tanning

St Tropez Pro Spray Tan	30 mins	£30.00
Self Tanning Guinot	75 mins	£52.50
<i>Includes full body exfoliation</i>		
St Tropez Tanning	75 mins	£52.50
<i>Includes full body exfoliation</i>		

### Sunbed

3 mins		£3.00
6 mins		£6.00
9 mins		£9.00
12 mins		£11.00
Course of 30 mins		£25.00
Course of 60 mins		£47.50
Course of 120 mins		£85.00

## SPECIALISED TREATMENTS

Hydradermie Back	75 mins	£57.95
Hydradermie Eye	45 mins	£44.00
Perfector Non-Surgical Face Lift	75 mins	£59.75
Perfector Skin Enhance	90 mins	£64.75
Future-Tec	40 mins	£46.95
Crystal Clear Microdermabrasion	30 mins	£37.50
Crystal Clear Microdermabrasion	60 mins	£64.50

### Electrolysis

Electrolysis	10 mins	£13.50
Electrolysis	20 mins	£22.25
Electrolysis	30 mins	£27.95

## COURSES OF TREATMENTS

Courses are available on all treatments and are valid for 12 months.  
As an incentive to you to purchase courses we offer 6 treatments for the cost of 5.



## PACKAGES

### Top to Toe

Extra Relax Facial	4 hrs	£161.50
<i>Full Body Massage, Manicure and Pedicure</i>		

### Pick Me Up

Full Body Exfoliation	2 hrs	£94.95
<i>Skin Refresh Facial and Manicure</i>		

### Bridal Package

Aroma Expert Facial	3.5 hrs	£130.50
<i>French Manicure, Pedicure and Eyelash Tint</i>		

### Holiday Special

Manicure	2.5 hrs	£101.50
<i>Pedicure, Eyelash Tint and Half Leg &amp; Bikini or Underarm Wax</i>		

### Monthly Maintenance

Aroma Expert Facial	4 hrs	£171.50
<i>Manicure, Pedicure, Eyelash Tint, Eyebrow Shape/Wax and 1/2 Leg &amp; Bikini or Underarm Wax</i>		

We offer  
**GIFT VOUCHERS**  
which can be redeemed  
against any of our treatments  
or retail products.

Gift Vouchers are non-refundable and must be used within 6 months of the date of their purchase.

Please arrive 10 minutes early for your treatment.  
If you arrive late for your appointment we will do our utmost to complete your treatment, however if other clients are waiting we may need to shorten your treatment time.

\* We reserve the right to raise prices and modify or discontinue treatments without prior notice to ensure maximum standards of service and quality are met.

\* Esterel has a 24 hour cancellation policy. If you either miss your appointment or cancel within this time you may be charged 50% of your treatment price.



Telephone 0208 642 7057  
Email [info@esterelhealthandbeauty.com](mailto:info@esterelhealthandbeauty.com)  
Visit [www.esterelhealthandbeauty.com](http://www.esterelhealthandbeauty.com)  
7 High Street, Cheam Surrey, SM3 8RQ

## ESTEREL HEALTH AND BEAUTY

## OPENING TIMES

Monday.....	9.30am - 6.00pm
Tuesday to Thursday.....	9.30am - 8.00pm
Friday.....	9.30am - 6.00pm
Saturday.....	9.00am - 5.00pm

Telephone 0208 642 7057  
Email [info@esterelhealthandbeauty.com](mailto:info@esterelhealthandbeauty.com)  
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# FACIALS



## Decleor Facials

Decleor Aromaplastie <i>Essential/Nourish/Purify/Soothe/Lift/Radiance</i>	60 mins	£51.95
Decleor Aroma Expert <i>Essential/Nourish/Purify/Soothe/Lift/Radiance</i>	75 mins	£59.75
Aroma Massage <i>Essential/Nourish/Purify/Soothe/Lift/Radiance</i>	60 mins	£47.50
Decleor Aroma L'iss Age	75 mins	£62.00
Decleor Aroma Excellence	75 mins	£65.00

## Pevonia Facials

Reviver Facial <i>Booster facial for all skins</i>	30 mins	£32.00
Prescriptive Facial <i>Combination/Dry/Sensitive/Oily/Power Repair</i>	60 mins	£52.95
Prescriptive with Escutox <i>Topical alternative to Botox</i>	60 mins	£58.95
Aromatherapy Facial <i>Combination/Dry/Sensitive/Oily</i>	60 mins	£58.95
Ultimate Deep Cleanse <i>Combination/Oily/Congested Skin</i>	60 mins	£55.50
Plantomer Facial <i>Sensitive Skins and Re-Hydration</i>	60 mins	£63.95
Rosacea Facial <i>Acne Rosacea/Hyper-Sensitivity/Diffuses Redness</i>	60 mins	£63.95
Luminous C & Sea <i>Anti Aging/Sun Damage/Hydration</i>	60 mins	£63.95
Pevo-Reclaim <i>NEW. Freeze Dried Anti-ageing Treatment with Collagen and Elastin</i>	60 mins	£79.95
Pevo-Refine <i>NEW. Freeze Dried Hydrating and Refining Treatment with Dna and Hyaluronic Acid</i>	60 mins	£79.95
Lacto Floral Peel <i>Deep Exfoliation even for Sensitive Skins</i>	60 mins	£50.50
Elastofirm Facial <i>Anti-aging Firming Elastin sheet mask</i>	60 mins	£68.95
Oxyvital Facial <i>Traumatized or Damaged Skins</i>	60 mins	£68.95
* New Luma Firm Facial <i>A revolution in firming, lightening and brightening!</i>	60 mins	£79.50

## Guinot Facials

Guinot Beaute Neuve <i>Beaute Neuve course of 3 recommended</i>	60 mins	£49.50 £123.75
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Guinot LiftoSome Facial	60 mins	£58.95
Hydradermie	75 mins	£56.50
Hydradermie Plus	105 mins	£71.95
Hydradermie Lift Facial <i>Non-surgical lifting facial with lymphatic drainage</i>	60 mins	£58.50
Hydradermie Lift Deluxe <i>Includes Hydradermie Facial</i>	90 mins	£75.00
Hydradermie Lift Express <i>Non-surgical lifting with lymphatic drainage</i>	30 mins	£39.50
Include massage with any facial	10 mins	£12.50

# EYES

Lash Perfect Lash Extensions	120 mins	£87.50
Lash Top-up	60 mins	£40.00
Lash Extensions 1/2 set	75 mins	£47.50
Bottom Lashes		£32.50
Glamour Lashes	15 mins	£15.75
Pevonia De-Stress Anti Puffiness	30 mins	£29.50
Pevonia De-Stress Anti Wrinkles	30 mins	£29.50
Include in Facial		£18.00
High Performance Collagen Eye T'ment	60 mins	£48.50
Include in Facial		£37.50
Eyebrow Tint		£9.95
Eyelash Tint		£15.95
Eyelash & Brow Tint		£23.50

# MAINTENANCE

## Hair Removal

Eyebrow Wax	15 mins	£10.75
Three Quarter Leg	30 mins	£24.50
Bikini Line Wax	15 mins	£11.95
Extended Bikini Line Wax	15 mins	£14.50
Brazilian	30 mins	£27.95
Hollywood Wax	45 mins	£31.75
Forearm Wax	15 mins	£16.25
Full Leg & Bikini or Underarm	45 mins	£34.95
Full Leg Wax	45 mins	£31.00
Half Leg & Bikini Wax or Underarm	30 mins	£30.00
Half Leg Wax	30 mins	£20.50
Lip & Chin Wax	15 mins	£12.95
Lip Wax	15 mins	£9.25
Chin Wax	15 mins	£9.25
Underarm Wax	15 mins	£10.95
Whole Arm Wax	30 mins	£21.50
Back Wax	30 mins	£25.00

## Lyon Chocolate Wax

Eyebrows	15 mins	£15.50
Lip or Chin Wax	15 mins	£12.50
Lip & Chin Wax	15 mins	£15.50
Bikini Wax	15 mins	£16.50
Brazilian Wax	30 mins	£35.95
Underarm Wax	15 mins	£15.50
Hollywood Wax	45 mins	£43.00

## Manicures: Jessica/Nailtiques

30 Min Manicure	30 mins	£21.50
Colour Manicure	45 mins	£25.50
Luxury Colour Manicure	60 mins	£30.50
French Manicure	60 mins	£31.75
Re-Varnish	15 mins	£11.95
French Re-Varnish	15 mins	£15.00
File & Polish	30 mins	£19.50

## Pedicures

Jessica Pedicure Treat	60 mins	£34.95
Jessica Luxury Pedicure	75 mins	£40.95
Jessica French Pedicure	75 mins	£40.95
Pedicure with no polish	45 mins	£27.95

## New Jessica Geleration Gel Nails

Gel Overlay Manicure	45 mins	£35.00
Gel Nail Shape & Polish	35 mins	£27.50
Gel Refresh Manicure Clear	30 mins	£20.00
Gel Refresh Manicure Colour	30 mins	£22.50
Geleration Sculptured Nails (per nail)	10 mins	£6.00
Geleration French Manicure	60 mins	£40.00
Geleration Pedicure	60 mins	£45.00
Existing Gel Removal	15 mins	£10.00
Existing Gel Removal <i>within treatment</i>		£4.00



## Clinical Procedures

Also available:  
Relaxing Injections (Botox)  
Wrinkle Fillers (Restylene/Teosyal)  
Red Vein Treatment  
Skin Peels  
And more...

Please ask for details.